

Seniors Organizations & Supports

Seniors Independent Services

Box 97
Baldur, MB R0K 0B0
Phone: 204-825-4147
Email: seniorsargyle@gmail.com

Seniors Independent Services

Box 97
Belmont, MB R0K 0B0
Phone: 204-528-3374
Email: seniorsprairielakes@gmail.com

Seniors Services of Banner County

Box 131
Binscarth, MB R0J 0G0
Phone: 204-532-2134
Email: binscarthdropincentre@gmail.com

Valley Services for Seniors

Box 383
Birtle, MB R0M 0C0
Phone: 204-842-3296
Email: valleyserviceforseniors@gmail.com

Senior Services of Turtle Mountain

Box 962
Boissevain, MB R0K 0E0
Phone: 24-534-6816
Email: seniorservicetm@gmail.com

Prairie Oasis Senior Centre

241-8th Street
Brandon, MB R7A 3X2
Phone: 204-727-6641
Email: amanda.fast@prairieoasis.ca
Web: www.prairieoasis.ca

Brandon Seniors for Seniors Co-op

311 Park Ave. East
Brandon, MB R7A 7A4
Phone: 204-571-2050
Email: execdir.sfors@wcgwave.ca
Web: www.brandonsfors.ca

Carberry Services for Seniors

Box 597
Carberry, MB R0K 0H0
Phone: 204-834-6613
Email: servsen@wcgwave.ca

Senior Services for Cartwright, Mather & RM of Roblin

Box 275
Cartwright, MB R0K 0L0
Phone: 204-529-2590
Email: sscmr@cartwrightroblin.ca

Dauphin Multi-Purpose Senior Centre Inc.

25 1st Avenue S.E.
Dauphin, MB R7N 2A2
Phone: 204 -638-6485
Email: dsc_admin@mymts.net

Seniors Access to Independent Living (SAIL)

Box 70
Elkhorn, MB R0M 0N0
Phone: 204-845-2011
Email: elksail@mymts.net

Services to Seniors Serving Erickson, Onanole, Sandy Lake & Area

Box 97
Erickson, MB R0J 0P0
Phone: 204-636-7895
Email: areas@mymts.net

Support Services to Seniors Foxwarren

Box 212
Foxwarren, MB R0J 0R0
Phone: 204-847-2080
Email: foxsen@mymts.net

Gilbert Plains and District Community Resource Council

Box 567
Gilbert Plains, MB R0L 0X0
Phone: 204-548-4131
Email: gpdccr@mymts.net

Seniors Independent Services

Box 639
Glenboro, MB R0L 0X0
Phone: 204-827-2703
Email: sis@glenboro.com

Helping Hands for Glenella District

Box 15
Glenella, MB R0J 0V0
Phone: 204-352-4281

Grandview & District Community Resource Council

Box 235
Grandview, MB R0L 0Y0
Phone: 204-546-2085
Email: gvdrc@mymts.net

Hamiota Seniors Council

Box 177
Hamiota, MB R0M 0T0
Phone: 204-764-2658
Email: hamiotaseniorsinc@gmail.com

Seniors Organized Services of Souris Valley

Box 428
Hartney, MB R0M 0X0
Phone: 204-858-2597
Email: HartneySOS@mail.com

MILES for Seniors

Box 40
Holland, MB R0G 0X0
Phone: 204-526-2249
Email: miles@rmofvictoria.com

Woodworth Seniors Services

Box 64
Kenton, MB R0M 0Z0
Phone: 204-838-2169
Email: wss@inetlinkwireless.ca

Killarney & Area Services for Senior

Box 838
Killarney, MB R0K 1G0
Phone: 204-523-7115
Email: wanderson@killarney.ca

McCreary/Alonsa Support Services to Seniors Inc.

Box 521
McCreary, MB R0J 1B0
Phone: 204-835-2782
Email:
mccrearypeoplehelpingpeople@gmail.com

Senior Services of Antler River

Box 413
Melita, MB R0M 1L0
Phone: 204-522-8466
Email: ssar.melita@gmail.com

Miniota Municipal Services to Seniors

Box 182
Miniota, MB R0M 1M0
Phone: 204-567-3625
Email: mmsts3612@gmail.com

Minnedosa & District Services to Seniors

Box 1844
Minnedosa, MB R0J 1E0
Phone: 204-867-5190
Email: seniors@mymts.net

HAND – Neepawa & District

Box 1852
Neepawa, MB R0J 1H0
Phone: 204-476-2009
Email: handsup@wcgwave.ca

Seniors Access to Independent Living (SAIL)

Box 156
Oak Lake, MB R0M 1P0
Phone: 204-855-3150
Email: oaksail@mymts.net

Seniors Services of Antler River

Box 96
Pierson, MB R0M 1S0
Phone: 204-634-2332
Email: ssar.melita@gmail.com

Seniors Helping Hands of Alstons

Box 384
Reston, MB R0M 1X0
Phone: 204-877-3920
Email: shha@mymts.net

Senior Services of Rivers – Rapid City & District

Box 809
Rivers, MB R0K 1X0
Phone: 204-764-0440

Roblin Support Services to Seniors Inc.

Box 1417
Roblin, MB R0L 1P0
Phone: 204-937-8276
Email:
robkinservicetoseniors@gmail.com

Lawrence Resource Council

Box 144
Rorketon, MB R0L 1R0
Phone: 204-732-2862
Email: lrcrorketon@gmail.com

Rosburn Community Resource Council

Box 418
Rosburn, MB R0J 1V0
Phone: 204-859-3386
Email: rosscomm@outlook.com

Seniors Services of Banner County

Box 1073
Russell, MB R0J 1W0
Phone: 204-773-2316
seniormatters2017@gmail.com

Seniors Services of Prairie-Parkland

Box 543
Shoal Lake, MB R0J 1Z0
Phone: 204-759-2195
Email: sspp1@mymts.net

Souris Seniors Organized Services of Souris Valley

Box 1245
Souris, MB R0K 2C0
Phone: 204-483-3106
Email: souris_sos@live.ca

St. Lazare – Ellice Services for Seniors

Box 85
St. Lazare, MB R0M 1Y0
Phone: 204-683-2524
Email: lvh@mymts.net

Ste. Rose & District Community

Resource Council
Box 808
Ste. Rose du Lac, MB R0L 1S0
Phone: 204-447-2478
Email: srrescu@mymts.net

Seniors Services of Prairie - Parkland

Box 303
Strathclair, MB R0J 2C0
Phone: 204-365-2012
Email: sspp2@mymts.net

Swan River & District Resource Council

Box 2641
Swan River, MB R0L 1Z0
Phone: 204-734-5707
resourcecouncil@srseniorservice.com

Seniors Access to Independent Living (SAIL)

Box 1984
Virden, MB R0M 2C0
Phone: 204-748-2323
Email: virdensail@mymts.net

Seniors Outreach Services of Bren-Win

Box 618
Waskada/Deloraine, MB R0M 0M0
Phone: 204-747-3283
Email: soswask@wcgwave.ca

Seniors Independent Services (SIS)

Box 413, 112 4th Street
Wawanessa, MB R0M 2G0
Phone: 204-824-2369
Email: shilucy@mymts.net

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